

## Débutants main gauche exercice 01:

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**Détails concernant cet exercice:**

Ce dossier contient 8 exercices pour travailler la main gauche, on joue un rythme en noires. Vu que ces exercices n'ont pas d'intérêt d'un point de vue mélodique il n'y a pas de playback, utilisez un métronome ou une boîte à rythmes pour être certain de travailler ces exercices de la manière la plus efficace possible.

## Partition page 1:

Page 1

### Débutants: travail de la main gauche exercice 01

Légende pour les 4 doigts de la main gauche:  
index = 1, majeur = 2, annulaire = 3, auriculaire = 4

Ecriture, Programmation, Mixage: Emmanuel Somenzi

Jouez ces exercices sur les 4 cordes de la basse mais n'en abusez pas !

4x

1 2 3 4 | 4 3 2 1

5 6 7 8 | 8 7 6 5

4x

1 2 1 3 | 1 4 3 2

5 6 5 7 | 5 8 7 6

4x

1 2 2 3 | 3 4 3 2

5 6 6 7 | 7 8 7 6

4x

1 3 2 4 | 4 2 3 1

5 7 6 8 | 8 6 7 5

**Partition page 2:**

Page 2

4x

1 4 2 4 | 3 4 4 4

5 8 6 8 | 7 8 8 8

Detailed description: This system contains two staves. The top staff is a bass clef staff with a 4x bar above it. It contains two measures of music. The first measure has four quarter notes: G2, B1, A1, and G2. The second measure has four quarter notes: F2, G2, G2, and G2. The bottom staff is a guitar staff with a 1 2 3 4 bar above it. It contains two measures of music. The first measure has four quarter notes: 5, 8, 6, and 8. The second measure has four quarter notes: 7, 8, 8, and 8.

4x

1 3 2 3 | 3 3 4 3

5 7 6 7 | 7 7 8 7

Detailed description: This system contains two staves. The top staff is a bass clef staff with a 4x bar above it. It contains two measures of music. The first measure has four quarter notes: G2, B1, A1, and G2. The second measure has four quarter notes: F2, G2, G2, and G2. The bottom staff is a guitar staff with a 1 2 3 4 bar above it. It contains two measures of music. The first measure has four quarter notes: 5, 7, 6, and 7. The second measure has four quarter notes: 7, 7, 8, and 7.

4x

1 2 2 2 | 3 2 4 2

5 6 6 6 | 7 6 8 6

Detailed description: This system contains two staves. The top staff is a bass clef staff with a 4x bar above it. It contains two measures of music. The first measure has four quarter notes: G2, B1, A1, and G2. The second measure has four quarter notes: F2, G2, G2, and G2. The bottom staff is a guitar staff with a 1 2 3 4 bar above it. It contains two measures of music. The first measure has four quarter notes: 5, 6, 6, and 6. The second measure has four quarter notes: 7, 6, 8, and 6.

4x

4 1 3 1 | 2 1 1 1

8 5 7 5 | 6 5 5 5

Detailed description: This system contains two staves. The top staff is a bass clef staff with a 4x bar above it. It contains two measures of music. The first measure has four quarter notes: G2, B1, A1, and G2. The second measure has four quarter notes: F2, G2, G2, and G2. The bottom staff is a guitar staff with a 1 2 3 4 bar above it. It contains two measures of music. The first measure has four quarter notes: 8, 5, 7, and 5. The second measure has four quarter notes: 6, 5, 5, and 5.

**Contact:**

Si vous souhaitez faire des commentaires sur ce dossier vous pouvez me contacter en cliquant sur le lien suivant:

<http://www.manucoursdebasse.com/contacts.html>