

Contretemps et syncopes binaires:

Table des matières

Introduction:.....	2
Exercices pour travailler le contretemps.....	3
Exercice 01:.....	3
Exercice 02:.....	4
Exercice 03:.....	5
Exercice 04:.....	6
Exercice 05:.....	7
Exercice 06:.....	8
Exercice 07:.....	9
Exercices pour travailler la syncope:.....	10
Exercice 08:.....	10
Exercice 09:.....	11
Exercice 10:.....	12
Exercice 11:.....	13
Quelques idées pour compliquer les exercices de ce dossier:.....	14
Exercice 12:.....	14
Exercice 13:.....	14
Exercice 14:.....	15
Conclusion:.....	16

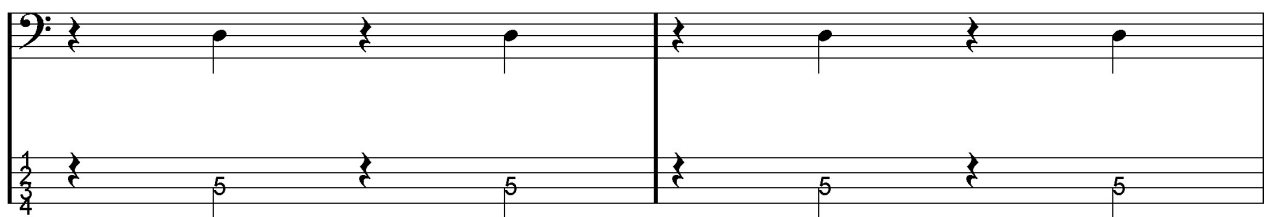
Introduction:

Dans ce dossier, nous allons travailler le contretemps et la syncope sur des rythmes en croches.

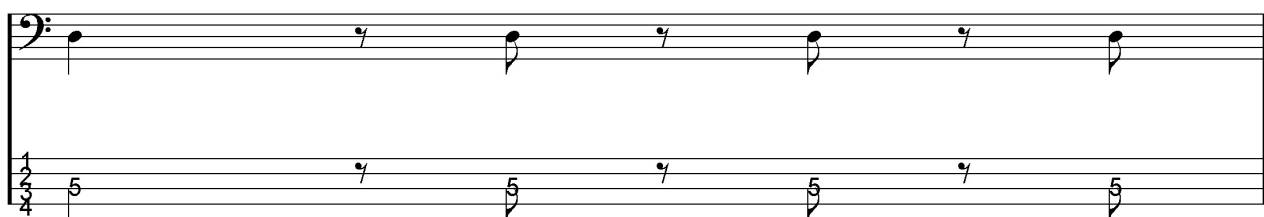
Sous chaque exercice vous avez des liens pour écouter chaque playback basse / batterie sur 3 tempos différents: 60 / 100 / 140 et vous avez la possibilité de travailler avec des playbacks batterie sur les plages de tempos suivantes: 60 / 80 / 100 / 120 / 140 / 160.

Définition du contretemps:

Le **contretemps** est un son qui **commence sur un temps faible mais qui ne se prolonge pas sur le temps fort suivant:**

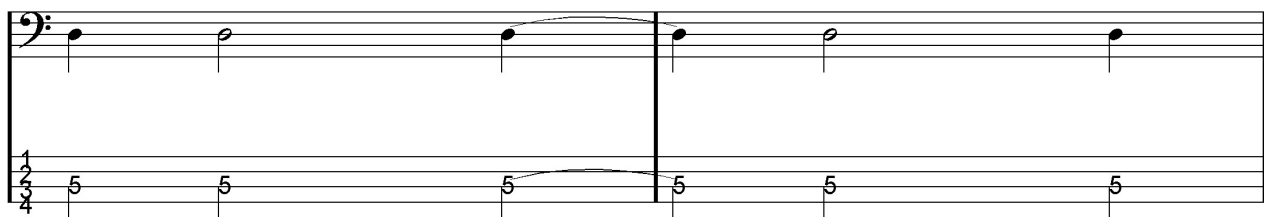


Ou le **contretemps** est un son qui **commence sur la partie faible d'un temps mais qui ne se prolonge pas sur la partie forte du temps suivant:**

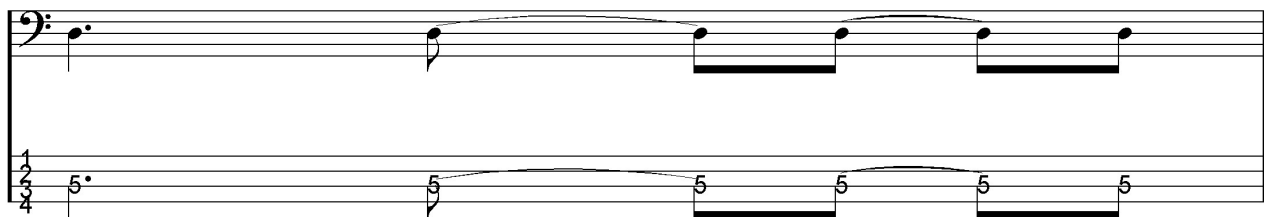


Définition de la syncope:

La **syncope** est un son qui **commence sur un temps faible et qui se prolonge sur un temps fort:**



Ou la **syncope** est un son qui **commence sur la partie faible d'un temps et qui se prolonge sur la partie forte du temps suivant:**



Exercices pour travailler le contretemps

Exercice 01:

The image shows a musical score for Exercise 01. It consists of two staves. The top staff is a bass clef with a key signature of one flat (B-flat) and a 2/4 time signature. The melody starts with a quarter note B-flat, followed by a quarter note A, a quarter note G, a quarter rest, and a quarter note F. This sequence is repeated, with a double bar line and repeat sign after the first two notes, and another double bar line and repeat sign after the first note of the second sequence. Above the second double bar line is the text '7x'. The bottom staff is a guitar line with a 2/4 time signature and a key signature of one flat. It features a sequence of notes: a quarter note 5, a quarter note 5, a quarter note 5, a quarter rest, and a quarter note 5. This sequence is repeated, with a double bar line and repeat sign after the first two notes, and another double bar line and repeat sign after the first note of the second sequence.

[Playback tempo 060 / Playback tempo 100 / Playback tempo 140 / dossier complet](#)

[Batterie tempo 060 / Batterie tempo 080 / Batterie tempo 100](#)

[Batterie tempo 120 / Batterie tempo 140 / Batterie tempo 160](#)

Exercice 02:

8x

1
4
5
7
5
7
5
5

[Playback tempo 060](#) / [Playback tempo 100](#) / [Playback tempo 140](#) / [dossier complet](#)

[Batterie tempo 060](#) / [Batterie tempo 080](#) / [Batterie tempo 100](#)

[Batterie tempo 120](#) / [Batterie tempo 140](#) / [Batterie tempo 160](#)

Exercice 03:

8x

The image shows a musical exercise on two staves. The top staff is a bass clef with a double bar line and repeat signs at both ends. It contains a sequence of notes: a quarter note G2, followed by eighth notes G2, F2, E2, D2, C2, B1, and A1. The bottom staff is a guitar clef with a double bar line and repeat signs at both ends. It contains fret numbers: 5, 7, 5, 7, 5, 7, 5, and 5. The first staff is labeled '8x' above it.

[Playback tempo 060](#) / [Playback tempo 100](#) / [Playback tempo 140](#) / [dossier complet](#)

[Batterie tempo 060](#) / [Batterie tempo 080](#) / [Batterie tempo 100](#)

[Batterie tempo 120](#) / [Batterie tempo 140](#) / [Batterie tempo 160](#)

Exercice 04:

8x

The image shows a musical exercise on two staves. The top staff is a bass clef with a double bar line and repeat dots at the beginning and end. It contains a sequence of eighth notes: G2, F2, E2, D2, C2, B1, A1, G1. The bottom staff is a guitar clef with a double bar line and repeat dots at the beginning and end. It contains a sequence of fret numbers: 1, 5, 7, 5, 7, 5, 7, 5. The time signature is 1/4.

[Playback tempo 060](#) / [Playback tempo 100](#) / [Playback tempo 140](#) / [dossier complet](#)

[Batterie tempo 060](#) / [Batterie tempo 080](#) / [Batterie tempo 100](#)

[Batterie tempo 120](#) / [Batterie tempo 140](#) / [Batterie tempo 160](#)

Exercice 05:

8x

The image shows a musical exercise on two staves. The top staff is a bass clef with a treble clef sign above it, indicating a bass line. It contains a sequence of notes: a quarter rest, a quarter note G2, a quarter rest, a quarter note F2, a quarter rest, a quarter note E2, a quarter note D2, and a quarter note C2. The bottom staff is a guitar clef with a 1/4 time signature and a 4/4 time signature. It contains a sequence of notes: a quarter rest, a quarter note 5, a quarter rest, a quarter note 5, a quarter rest, a quarter note 5, a quarter note 5, and a quarter note 5. The exercise is repeated 8 times, as indicated by the '8x' above the first staff.

[Playback tempo 060](#) / [Playback tempo 100](#) / [Playback tempo 140](#) / [dossier complet](#)

[Batterie tempo 060](#) / [Batterie tempo 080](#) / [Batterie tempo 100](#)

[Batterie tempo 120](#) / [Batterie tempo 140](#) / [Batterie tempo 160](#)

Exercice 06:

8x

The image shows a musical exercise on two staves. The top staff is a bass clef with a key signature of one flat (B-flat) and a 2/4 time signature. It contains a sequence of notes: a quarter rest, a quarter note G2, a quarter rest, a quarter note F2, a quarter note E2, a quarter note D2, and a quarter note C2. The bottom staff is a guitar clef with a key signature of one flat and a 2/4 time signature. It contains fret numbers: a quarter rest, a quarter note 5, a quarter rest, a quarter note 5, a quarter note 5, a quarter note 5, and a quarter note 5. Both staves are enclosed in a double bar line at the beginning and end, with repeat signs (double dots) at the start and end of the first measure.

[Playback tempo 060 / Playback tempo 100 / Playback tempo 140 / dossier complet](#)

[Batterie tempo 060 / Batterie tempo 080 / Batterie tempo 100](#)

[Batterie tempo 120 / Batterie tempo 140 / Batterie tempo 160](#)

Exercice 07:

8x

1
2
3
4

[Playback tempo 060 / Playback tempo 100 / Playback tempo 140 / dossier complet](#)

[Batterie tempo 060 / Batterie tempo 080 / Batterie tempo 100](#)

[Batterie tempo 120 / Batterie tempo 140 / Batterie tempo 160](#)

Exercices pour travailler la syncope:

Exercice 08:

6x

The image shows a musical exercise on a grand staff. The top staff is a bass clef with a 4/4 time signature. It contains a sequence of notes: a quarter note G2, a quarter note A2, a quarter note B2, a quarter note C3, a quarter note D3, a quarter note E3, a quarter note F3, and a quarter note G3. The notes are grouped into pairs with a slur and a tie over the second note of each pair. This sequence is repeated six times, indicated by '6x' above the staff. The bottom staff is a bass clef with a 4/4 time signature, showing fingerings: 5, 5, 5, 5, 5, 5, 5, 5. The notes are aligned with the notes in the top staff.

[Playback tempo 060](#) / [Playback tempo 100](#) / [Playback tempo 140](#) / [dossier complet](#)

[Batterie tempo 060](#) / [Batterie tempo 080](#) / [Batterie tempo 100](#)

[Batterie tempo 120](#) / [Batterie tempo 140](#) / [Batterie tempo 160](#)

Exercice 09:

8x

The image displays musical notation for Exercise 09. It consists of two staves. The top staff is a bass clef staff with a double bar line at the beginning and end, and a repeat sign in the middle. The notes are: G2 (quarter), A2 (quarter), B2 (quarter), C3 (quarter), D3 (quarter), E3 (quarter), F3 (quarter), G3 (quarter). The bottom staff is a guitar fretboard diagram with a double bar line at the beginning and end, and a repeat sign in the middle. The fret numbers are: 5 (quarter), 5 (quarter), 5 (quarter), 5 (quarter), 5 (quarter), 5 (quarter), 5 (quarter), 5 (quarter). The diagram shows the 5th fret on the 6th string.

[Playback tempo 060](#) / [Playback tempo 100](#) / [Playback tempo 140](#) / [dossier complet](#)

[Batterie tempo 060](#) / [Batterie tempo 080](#) / [Batterie tempo 100](#)

[Batterie tempo 120](#) / [Batterie tempo 140](#) / [Batterie tempo 160](#)

Exercice 10:

8x

The image shows a musical exercise for guitar. It consists of two staves. The top staff is a bass clef staff with a double bar line at the beginning and end, and a repeat sign in the middle. The notes are: G2 (quarter), A2 (quarter), B2 (quarter), C3 (quarter), D3 (quarter), E3 (quarter), F3 (quarter), G3 (quarter). The bottom staff is a guitar staff with a 1/4 3/4 time signature. It has a double bar line at the beginning and end, and a repeat sign in the middle. The fret numbers are: 5 (quarter), 5 (quarter), 5 (quarter), 5 (quarter), 5 (quarter), 5 (quarter), 5 (quarter), 5 (quarter).

[Playback tempo 060 / Playback tempo 100 / Playback tempo 140 / dossier complet](#)

[Batterie tempo 060 / Batterie tempo 080 / Batterie tempo 100](#)

[Batterie tempo 120 / Batterie tempo 140 / Batterie tempo 160](#)

Exercise 11:

The musical score for Exercise 11 consists of two staves. The top staff is a bass line in 3/4 time, starting with a quarter rest followed by a series of eighth notes: G2, F2, E2, D2, C2, B1, A1, G1, F1, E1, D1, C1. The bottom staff is a guitar line in 3/4 time, starting with a quarter rest followed by a series of eighth notes: 5, 5, 5, 5, 5, 5, 5, 5, 5, 5, 5, 5, 5, 5, 5, 5, 5, 5. A vertical line labeled '6x' is placed above the guitar staff at the beginning of the second measure, indicating a six-finger barre. The score ends with a double bar line.

[Playback tempo 060 / Playback tempo 100 / Playback tempo 140 / dossier complet](#)

[Batterie tempo 060 / Batterie tempo 080 / Batterie tempo 100](#)

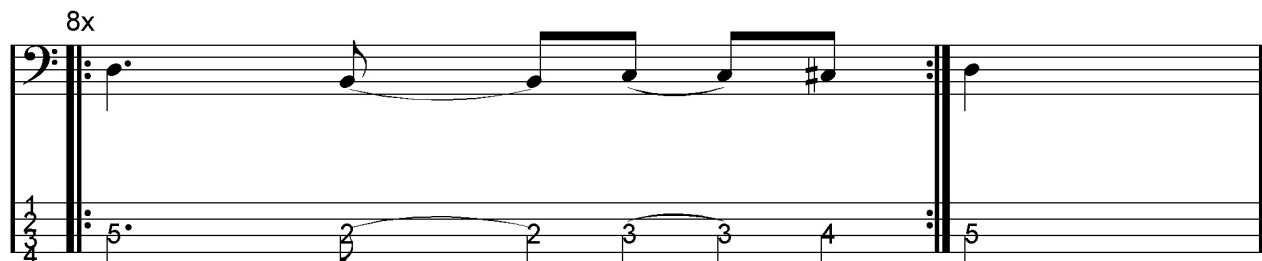
[Batterie tempo 120 / Batterie tempo 140 / Batterie tempo 160](#)

Quelques idées pour compliquer les exercices de ce dossier:

à partir du moment où vous sentez que vous êtes au point sur un exercice vous pouvez le compliquer un peu comme dans les exemples suivants:

Exercice 12:

Dans cet exercice vous jouez des chromatismes (2 syncopes + 1 contretemps) pour revenir sur la note située sur le premier temps de chaque mesure.



[Playback tempo 060 / Playback tempo 100 / Playback tempo 140 / dossier complet](#)

[Batterie tempo 060 / Batterie tempo 080 / Batterie tempo 100](#)

[Batterie tempo 120 / Batterie tempo 140 / Batterie tempo 160](#)

Exercice 13:

Dans cet exercice vous jouez la fondamentale d'un arpège en Ré mineur sur le premier temps de chaque mesure et les autres notes de l'arpège (tierce / quinte / tierce) en effectuant 2 syncopes + 1 contretemps.



[Playback tempo 060 / Playback tempo 100 / Playback tempo 140 / dossier complet](#)

[Batterie tempo 060 / Batterie tempo 080 / Batterie tempo 100](#)

[Batterie tempo 120 / Batterie tempo 140 / Batterie tempo 160](#)

Exercice 14:

Dans cet exercice, dans chaque mesure vous jouez la fondamentale d'un arpège en Ré mineur 7 sur le premier temps puis vous effectuez une syncope sur l'octave et les autres notes de l'arpège (septième / quinte / tierce) sont placées sur les 3 dernières croches.

The image shows musical notation for Exercise 14. It consists of two staves. The top staff is a bass clef with a 4/4 time signature. It starts with a double bar line and a repeat sign. The first measure contains a quarter note G2 (labeled '8x' above it). The second measure contains a quarter note G3, followed by a dotted quarter note G4, and an eighth note G4. The third measure contains a quarter note G4, followed by a dotted quarter note G5, and an eighth note G5. The fourth measure contains a quarter note G5, followed by a dotted quarter note G6, and an eighth note G6. The fifth measure contains a quarter note G6, followed by a dotted quarter note G7, and an eighth note G7. The sixth measure contains a quarter note G7, followed by a dotted quarter note G8, and an eighth note G8. The seventh measure contains a quarter note G8, followed by a dotted quarter note G9, and an eighth note G9. The eighth measure contains a quarter note G9, followed by a dotted quarter note G10, and an eighth note G10. The bottom staff is a guitar fretboard diagram with a 4/4 time signature. It starts with a double bar line and a repeat sign. The first measure contains a quarter note G2 (labeled '5' below it). The second measure contains a quarter note G3, followed by a dotted quarter note G4, and an eighth note G4. The third measure contains a quarter note G4, followed by a dotted quarter note G5, and an eighth note G5. The fourth measure contains a quarter note G5, followed by a dotted quarter note G6, and an eighth note G6. The fifth measure contains a quarter note G6, followed by a dotted quarter note G7, and an eighth note G7. The sixth measure contains a quarter note G7, followed by a dotted quarter note G8, and an eighth note G8. The seventh measure contains a quarter note G8, followed by a dotted quarter note G9, and an eighth note G9. The eighth measure contains a quarter note G9, followed by a dotted quarter note G10, and an eighth note G10.

[Playback tempo 060](#) / [Playback tempo 100](#) / [Playback tempo 140](#) / [dossier complet](#)

[Batterie tempo 060](#) / [Batterie tempo 080](#) / [Batterie tempo 100](#)

[Batterie tempo 120](#) / [Batterie tempo 140](#) / [Batterie tempo 160](#)

Ensuite c'est à vous de trouver d'autres plans pour vous familiariser avec les contretemps et les syncopes.

Conclusion:

Les exercices de ce dossier me semblent intéressants et relativement simples, ils concernent surtout les débutants mais il en faut pour tout le monde. A vous de me faire savoir si vous voulez que j'écrive le même type de dossiers pour les rythmes ternaires, pour cela vous pouvez me joindre en cliquant sur le lien suivant:

<http://www.manucoursdebasse.com/contacts.html>